

Karen A. Cappello, PCC, CLC **Coaching Bio**

A Robust Coaching Practice from the Very Beginning

Karen Cappello is the mentor coach for new coaches! She has created a robust practice through leading edge spiritual techniques. In the first month of her coaching practice, Karen had 8 paying clients. She served over 30 clients and logged in almost 300 coaching hours in less than one year. She also obtained her Professional Certified Coach designation after only two years of coaching.



In addition to coaching coaches, Karen has trained coaches for three different coach training organizations. She has given keynote speeches, presented on graduate teleforums for coaches, given teleseminars, written ebooks and facilitated coaching groups in addition to coaching individual clients.

A Lifelong Leader in Business and Community

Karen first became a hospice volunteer in 1997, and that is the community service that she has been most proud of. She has also been involved in training the volunteers of Tucson's Youth On Their Own Program, as well as serving on numerous non-profit boards and participating in Arizona's state leadership program.

A Zest for Coaching and Spirituality

In every area of her business and life, Karen's passion for both coaching and spirituality is evident. With her exuberant style and her commitment to living by her own values, vision and purpose, Karen is a role model for other coaches who want to develop their practices and achieve success with ease and joy.